

Below are results from a survey of people diagnosed with IBS-C.*
Here's what they told us.

*Responses to the survey were collected from November 7 through December 1, 2023 and included 292 people.

IMPACT OF IBS-C

Most participants have been **living with IBS-C for**

>5 YEARS

Here is what respondents said about living with IBS-C

DEBILITATING

Severe pain

No social life

Limits ability to travel

MAKES ME ANXIOUS

Controls my life

Constant struggle

Disrupts my sleep

DAILY INTENSE PAIN

Disabling

EXHAUSTING

DISRUPTS QUALITY OF LIFE

Makes me so depressed

KEEP ME ON EDGE

STUCK AT HOME

FRUSTRATING



Over 80% of participants reported IBS-C symptoms interfere with the following activities



SOCIAL ACTIVITIES



ABILITY TO TRAVEL

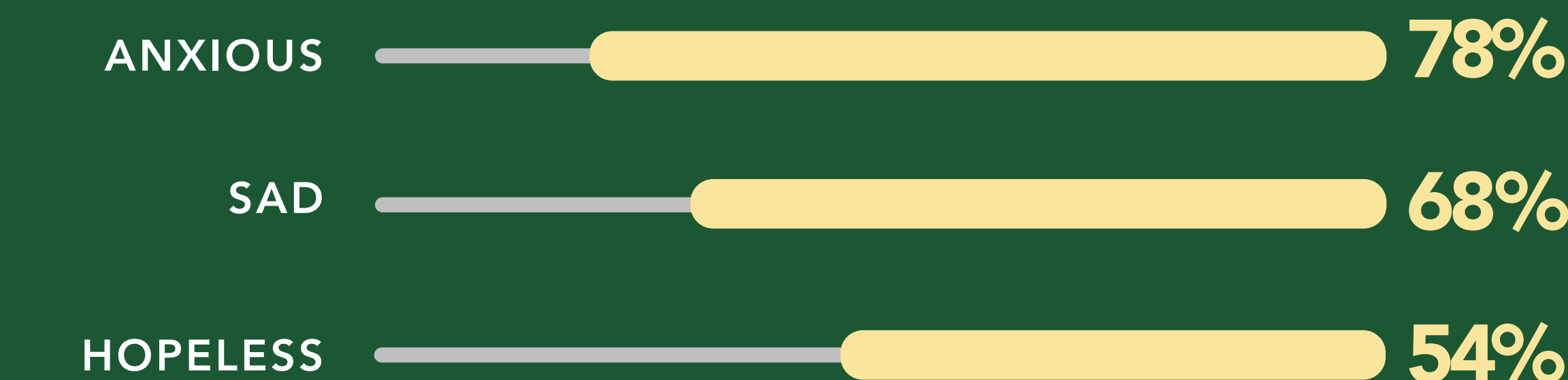


DAILY ACTIVITIES



WORK/SCHOOL PRODUCTIVITY

Most participants said dealing with IBS-C symptoms makes them **frustrated, anxious, sad, or hopeless**



TALKING WITH HEALTHCARE PROVIDERS (HCPs)

How participants feel about conversations with their HCPs

41%

DON'T FEEL HEARD

43%

DON'T FEEL UNDERSTOOD

44%

SAID HCPs DON'T WANT TO KNOW HOW THEY FEEL

60%

WEREN'T TOLD ABOUT DIFFERENT TREATMENT OPTIONS

4 OUT OF 5



said their HCP has **not spoken** with them about different treatment options for IBS-C

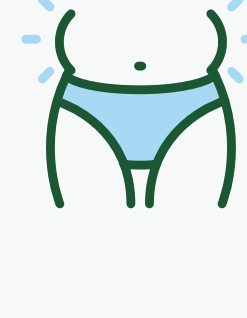
FEELINGS ABOUT SYMPTOM RELIEF



The majority of participants are **unsatisfied** with the symptom relief from their current treatment

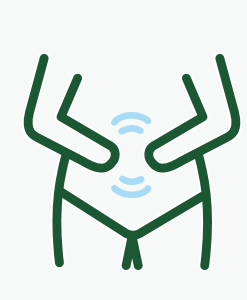
68%

UNSATISFIED WITH BLOATING/DISTENSION RELIEF



59%

UNSATISFIED WITH CONSTIPATION RELIEF



56%

UNSATISFIED WITH ABDOMINAL PAIN RELIEF



42%

are not aware of **ALL** prescription medications available for IBS-C



92% said they would be **interested** in learning about **more treatment options** for IBS-C